

PROGRAM AND ACTIVITY GUIDE

FEBRUARY - MARCH - APRIL
TERM 1, 2025

JAPARA
Inspiring Community Connection

*The Heart
of Kilsyth*



WORKSHOPS



PROGRAMS



FUN FOR KIDS

Be Our Guest at Japara

Whether you're hosting a party, business meeting, workshop, craft group or health and wellbeing class - we have the space for you!

Our home, The Kilsyth Community Hub, has a main hall with a large adjoining kitchen and a wide variety of meeting rooms, while across the road, situated in the beautiful Elizabeth Bridge Reserve, indoor and outdoor creative spaces are abundant.

Throughout the week we are a vibrant community hub hosting a large range of events, craft groups, dance classes, singing groups, church groups, exercise classes, business meetings and workshops.

≡ Welcome ≡

Many of our rooms are equipped with digital projectors, laptops, electronic whiteboards and have access to a central courtyard. Our Annex is a standalone building with big, beautiful floor to ceiling windows. Frequently used for yoga and tai chi classes, this space is also perfect for parties and craft groups.

The Early Years Building is very popular for children's parties. With direct access to a fully fenced playground, you can enjoy catching up with your guests whilst your little ones safely explore the space without escaping!

For more information please contact us at venuehire@japarahouse.com.au



Take the Tour





Get Out in the Garden

49 Durham Road, Kilsyth



The Garden of Contemplation

We welcome everyone to explore this quiet space, created to acknowledge those impacted by family violence. Visit the garden to reflect, rest and relax.

Japara Gardening Club

Connect, learn and grow food that goes straight back into the community! Join us for hands-on learning and more than a few laughs while we grow our own fresh produce. Take home food as it is harvested. Be part of the community garden in Kilsyth.

Wednesdays and Saturdays - check our Facebook Events for all the details.

Kilsyth Community Compost Hub

The Bridge House offers residents an environmentally friendly option for kitchen scraps to be broken down into compost. If you live near Kilsyth or Montrose and would like to sign up to become members of this Community Hub, please use the QR code to register.



Sign up to join the Community Compost Hub.



Montrose Community Cupboard

49 Durham Road, Kilsyth
Free Food Markets & Community Meals
Follow Montrose Community Cupboard (Victoria, Australia) and Japara Neighbourhood House on Facebook.



Events



Clean Up Australia Day

Join us at Japara Bridge and Elizabeth Bridge Reserve on Wednesday 5th March for Clean Up Australia Day.

Meet at: Japara Bridge House next to the playground

When: 12:00 pm - 2:00 pm

Bring: Your hat and sunscreen

Gloves and bags will be available. We'd love to see you all there!



Repair Cafe

Saturdays 2:30 - 4:30 pm once a month

Bring down your broken item to be assessed and hopefully repaired. Come down, grab a cuppa, meet our amazing volunteer fixers and see how they can help. Gold coin donation appreciated.

Upcoming Dates:

22nd February | 22nd March | April 26th

World Hearing Day

Tuesday 4th March 10:00 am - 1:00 pm

Hearing Australia is providing hearing checks for adults at Japara. Contact us on 9728 3587 to book your free 15 minute appointment.

Teddy Bear's Picnic - Free Event

Saturday 5th April - 11:30 am - 2:00 pm

Join us for free games and family fun at our Teddy Bears' Picnic! Pack your picnic lunch, your favourite rug or chair and bring the family down to Japara Bridge. No bookings required.



HELLO!

Connect with Others

Japara Stitchers

(4th Tuesday of the month)

Tuesday 12:30 pm - 3:00 pm

Bring your latest project, enjoy a cuppa, chat and share skills with others while you craft!

\$5 per session

Kilsyth Senior Citizens

Tuesdays 10:30 am - 1:00 pm

Join this welcoming group on Tuesdays to chat, share a cuppa and play a game or two.

Gold coin donation per session

Knit and Natter

Mondays 10:00 am - 12:00 pm

Creating all manner of fibre wonders, these ladies knit and crochet for charity, for their grand kids and just for the joy of it! Come down and see what they're up to in the Japara Foyer on Monday mornings.

Gold coin donation per session

Sit and Sew

(1st Monday of the month)

Monday 7:30 pm - 9:30 pm

Enjoy a cuppa and a chat while you work on your sewing projects.

\$5 per session

Social Guitar Group

Join a relaxed group of social guitar players. New members welcome.

Mondays 8:00 pm - 9:00 pm

\$5 per session

Japara Bridge Social Walking Group

Wednesdays 10:00 am - 11:00 am

Have a chat and make some new friends while you walk around Elizabeth Bridge Reserve. Meet under the Japara Bridge sign at 49 Durham Road, Kilsyth. Bring your walking shoes, your water bottle and join us for a casual walk around the reserve.

Gold coin donation per session

DANCE PARTY INCLUSIVE DISCOS

Saturdays from 7:00 pm - 8:30 pm

Term 1 Dates: Feb 8th | Apr 12th

Open to adults 18+ with disability, parents, carers, siblings and friends. Support workers and carers attend free.

\$15 gives you access for the whole year or pay as you go for \$5 per session.



"Flavours of Japan"
A Hands-On Cooking Experience



1:00 pm - 4:00 pm | \$180 for 3 sessions

Soup and Sides - Miso Magic

Saturday 15th February | \$70

Sushi Rolls - A World of Flavours

Saturday 22nd February | \$70

Mains and Desserts - Fusion Delights

Saturday 1st March | \$70

Makerspace Members

\$52 per session | \$135 for 3 sessions

Join Mayumi for a fun and interactive Japanese cooking class with three exciting workshops. Start with traditional miso soup and sides, then dive into a diverse range of sushi rolls, with options to suit various dietary requirements. Finish with fusion mains and delicious miso tiramisu for dessert. Attend one or all three workshops for a discount and discover new skills in a relaxed, welcoming atmosphere!

Be Connected - Free Training



Do you want to make a difference in someone's life? Become a Digital Mentor and help older adults build digital skills to stay connected, confident, and empowered online.

This course will help you to support people through their first steps to using digital devices and the internet. It's easy, flexible, and impactful!

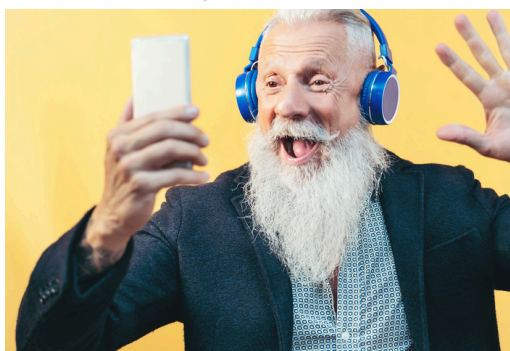
Sessions beginning 11th and 13th Feb
 Visit our website for additional dates.

Be Connected is an Australia wide government initiative empowering all Australians to thrive in a digital world.



Be Connected
 Every Australian online.

Network Partner



Dru Yoga

This graceful form of Yoga is based on soft flowing movements, controlled and directed breath work and visualisation. Sessions are designed for people of all abilities, fitness levels and age groups.

Monday Morning Classes

3rd Feb - 31st Mar | 7 sessions
 9:15 am - 10:30 am | \$124

Hatha Yoga

Discover balance and serenity with Hatha Yoga. Improve flexibility, strength and mindfulness through guided poses and breath work. Enhance your well-being and embrace a healthier lifestyle.

Full term and casual booking options available subject to availability. All levels welcome.

Monday Evening Classes

13th Jan - 24 Mar | 10 sessions
 6:00 pm - 7:00 pm | \$176

Wednesday Evening Classes

15th Jan - 19th Mar | 10 sessions
 6:00 pm - 7:00 pm | \$176

Casual Fee: \$22 per session

Tai Chi Beginners

Enjoy low impact routines that are excellent for developing your balance and coordination while improving your strength and breathing.

Thursday Afternoon Classes

30th Jan - 3rd Apr | 10 sessions
 Thursdays 12:00 pm - 1:00 pm | \$150

Tai Chi Intermediate

For students who have previously attended beginners Tai Chi classes and are ready to move to the next level.

Thursday Morning Classes

30th Jan - 3rd Apr | 10 sessions
 Thursdays 11:00 am - 12:00 pm | \$150

Tai Chi Advanced

Join an advanced class perfect for anyone who has already taken Intermediate Tai Chi classes and is ready to deepen their understanding and refine their practice.

Tuesday Afternoon Classes

28th Jan - 1st Apr | 10 sessions
 Tuesdays 2:30 pm - 3:30 pm | \$150



BRIDGE ART
 your art - your way



Join the awesome Bridge Art project at Japara Bridge! Team up with local street artist George for **FREE** creative drop-in sessions where you'll learn sketching, stenciling, and freehand spray painting techniques to help create a mural on the Bridge Makerspace building.

Join in our workshops or work on your own projects with a cool group of artists. It's fun, and best of all, it's totally free!

Ages 12 - 17 years

Every 2nd Friday of the month

Starts: Friday 14th February

Time: 6:00 pm - 9:00 pm | Cost: FREE



Visit our Village

Japara is a not-for-profit organisation dedicated to inspiring community connection through fun and meaningful experiences, safe and inclusive spaces, and supporting individuals, families, groups, and other organisations to grow and thrive.

**Do you have skills to share?
 We'd love to hear from you!**

We are always looking for exciting ideas for programs and workshops at Japara. If you would like to share your passion for art, craft, languages, health, fitness, gardening, cooking or anything else you can think of, contact Robyn at engagement@japarahouse.com.au

**Volunteering at Japara
 You can make a difference**

If you'd like to make a difference by volunteering with Japara, we'd love to hear from you. We have opportunities to assist in the office, help at community events, or lend a hand in our gardens.

Volunteering is a great way to gain experience, connect with others, learn new skills and give back to your community.

Contact Robyn to find out more:
engagement@japarahouse.com.au

CHILDREN AND FAMILIES



We need Childcare Educators!

If you are available Monday, Tuesday Wednesday and/or Friday during school hours, have excellent communication skills and are passionate about educating children, we would love to meet you.

Requirements:

- Early childhood education and care qualification or proof of enrolment
- Working with Children Check
- Police Check
- First Aid Certificate

Applications to be sent via email to:
earlyyears@japarahouse.com.au



Junior Lab

**Low cost family fun!
for Ages 1 - 5 years**

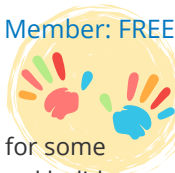
Thurs 10:00 am - 11:00 am
6th Feb - 27th Mar | 8 sessions

Join us at Japara for a fabulous series of fun, interactive and hands-on sessions where children can explore science and art in a self-led open play space. Activities are designed to support and encourage flexible and creative problem solving using everyday situations to build skills and work with others. Parent or carer must attend.

Per term: \$16 | Makerspace Member: FREE

After School Fun!

Keep your eyes on our socials for some awesome after school and school holiday program fun for primary school aged kids.



Bookuburra Storytime

Wednesday mornings at Japara
Time: 9:15 am - 10:00 am weekly

Join Pam and Mary for stories, singing and lots of fun. No bookings required. This program promotes the importance of early ears literacy in our community. FREE fun for ages 0-5 years.

Art After School!

Primary School Aged Kids

Mondays 4:15 pm - 5:15 pm
3rd Feb - 31st Mar | 8 sessions

Try new crafts, make awesome projects, and express yourself through art in the Makerspace! Kids will have the chance to paint, draw, build and create exciting things with their own hands in a fun and inclusive space just for kids.

Full Fee: \$80 | Maker Space Member: \$12



Hire the Japara Bridge House and Gardens for your Private Function



Japara Bridge is a great space for children's parties which also gives you access to Elizabeth Bridge Reserve playground located approximately 30 metres from the house itself. You will have exclusive access to the the Bridge House, which includes two toilets, and a large room with tables and chairs that is great for catering and games. The house has a brand new kitchen with an oven, cook top, microwave, dishwasher and fridge. The front room is a lounge area with couches and fresh carpet for any of your party guests who need some quiet time.

For all venue hire inquiries including information on pricing and availability email: venuehire@japarahouse.com.au



facebook.com/japarahouse

instagram.com/japarahouse

Book into a Program or Activity

Use the QR code to visit us at www.japarahouse.com.au, then:



1. Choose from all available programs
2. Complete our online enrolment form

Contact Us

54 - 58 Durham Road, Kilsyth 3137

General: info@japarahouse.com.au

Events: engagement@japarahouse.com.au

Web: www.japarahouse.com.au

Telephone: (03) 9728 3587

A.B.N. 93 252 863 062 | TOID: 20104

Hours of Operation

Monday - Thursday 9:00 am - 4:00 pm

Japara gratefully acknowledges the support of our funding bodies and peak organisations. We are a Learn Local provider.

